



Life Enrichment Opportunities | February 11—17, 2019

Weekly Opportunities

Special Events

<p>Monday, February 11</p> <p>Happy Birthday Marie Culver Rose Fritz Gary Wilder</p> 	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:00 pm Blood Pressure Clinic WWC 1:30 pm Pitch RWL 2:00 pm Sit and Bee Fit WWC 2:00 pm Pool Time KAC 6:00 pm Canasta RWL</p>	<p>9:30 am Shopping at Aldi's Lobbies 11:00 am Social Committee Meeting EV CR New members needed! Share your ideas with Jamie about our activities program. 1:00 pm Crafternoon EV AS Join Kris and Jamie to make Valentines for the kids at the Rescue Mission. Crafting and cookies — you can't beat it!</p>
<p>Tuesday, February 12</p> <p>Happy Birthday Eddie Fowler Judy McGinness</p>	<p>8:25 am Low Impact Aerobics WWC 8:30 am First Baptist Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Knitting Group RWL 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 11:30 am Tai Chi with Mae WWC 1:00 pm Cribbage RWL 1:00 pm Senior Yoga with Kelly WWC 1:00 pm ART! Open Studio RW PH 6:00 pm Rummikub EV Hobby Room</p>	<p>2:30 pm Monthly Milestones KAC Join us for cake and ice cream as we celebrate resident birthdays and anniversaries as well as staff anniversaries! 6:30 pm On Stage Live Lobbies 7:00 pm Bridge RWL</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Home Nail Care Call Maxine Thuston at 274-3374.</p> </div>
<p>Wednesday, February 13</p> <p>Happy Birthday Evelyn Beaty Marianne Bloesch</p> <div style="border: 1px solid black; padding: 5px;"> <p>Added Event Make Valentines with Volunteers from MacPherson Contractors 10:30—11:30 am RWL and EV CR</p> </div>	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:00 pm ART! Open Studio RW PH 2:00 pm Sit and Bee Fit WWC</p>	<p>10:00 am Cup of Joe CSP Join President & CEO Joe Ewert for an update of campus happenings! Coffee and treats served. 10:00 am New Dinner Theatre in KC Lobbies 2:00 pm KU Osher: The Ancient Psalms Chapel 7:00 pm BINGO KAC</p>
<p>Thursday, February 14</p> 	<p>8:25 am Low Impact Aerobics WWC 8:30 am 1st Cong. Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am MAKERS Open Studio EV AS 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 1:00 pm Chair Yoga with Kelly WWC 1:00 pm Trash & Treasure Crew KAC 2:00 pm Pool Time KAC 5:30 pm Rummikub RWL</p>	<p>1:00 pm Music Study Club Performance RWL 2:00 pm Drive & Pie Lobbies 2:00 pm At the Movies on BPTV 1960 "Lincoln" (2012 biography) 5:30 pm Cookie Decorating with Delta Gammas RWL</p>
<p>Friday, February 15</p> <p>Happy Birthday Beverly Martin</p>	<p>9:00 am Shopping at Dillon's Lobbies 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 2:00 pm Sit and Bee Fit WWC 2:30 pm Pinochle RWL 5:30 pm Canasta RWL</p>	<p>1:00 pm Woodcarving Workshop with Mike Keil from Kaw Valley Woodcarvers RW PH 3:00 pm White Elephant Valentine's Party MSP Bring a wrapped gently used or new item (\$10 or less) for this fun gift exchange. Gifts can be silly, fun & unusual! 4:00 pm Social MSP</p>
<p>Saturday, February 16</p> <p>Happy Birthday Chuck Sodergren</p>	<p>10:00 am Coffee Corner EV 10:00 am Coffee Corner CSP 11:00 am Senior Yoga EV WC 1:00 pm Blood Pressure Clinic EV Parlor 1:00 pm Mexican Train Dominos RWL 4:00 pm Social Gathering EV Parlor</p>	<p>6:45 pm Topeka Symphony Orchestra Lobbies</p>
<p>Sunday, February 17</p>	<p>1:00 pm Mexican Train Dominoes RWL 2:30 pm Vespers BHC FLR 4:00 pm Vespers Chapel</p>	